



## **Pre & Post Glycolic Acid Chemical Peel Instructions**

### **Congratulations on doing a Glycolic Acid Chemical Peel with DermaCare of Tri-Cities.**

The following instructions will help you achieve the best results from your treatment. Please take a moment to review this information and go over any questions and/or concerns you may have with the provider, consultant, and or laser technician.

Reveal all medical conditions and medications to the consultant and the provider. Certain ones may negatively impact the laser procedure – such as pregnancy, history of cold sore, diabetes, history of skin keloids, and certain medications (i.e. Accutane). If you get frequent cold sores, we will prescribe an anti-viral medication (Valtrex or Famvir).

Two weeks prior to your laser treatment do not use self-tanning lotions and/or tanning booths. one week prior to your appointment Do not sun bathe.  
(Any patient arriving with a tan or sunburn may be rescheduled for the safety of your skin.)

Most patients who undergo these treatments have minimal redness for 1-12 hours. Due to the nature of these treatments, you may experience light flaking for a couple of days. Your skin may feel tight and dry; apply moisturizer as frequently as needed.

Unless recommended by your technician, do not apply other medications except moisturizers and sun block to your skin after the procedure, as they may be irritating. Discontinue use of Retin-A, Renova, or Differin for 1-3 days after your treatment.

Follow your appropriate home care regimen as directed by your technician. Avoid direct sun exposure and excessive heat. Always use sunscreen/sunblock for your protection. Absolutely do not go to a tanning salon for at least 2 weeks before or after a treatment. Do not pick or pull at any loose skin, as this can cause scarring and or hyperpigmentation.

Please be advised that you may expect a certain degree of discomfort, redness and/or irritation during and after the chemical peel. For additional relief and comfort after the peel, you may apply cold compresses or topical anti-inflammatory creams (ie **DermaCare Laser Treatment Recovery Complex**), or take oral anti-inflammatory pills. If any discomfort and/or irritation persist, please notify the clinic.

### **Thank you for choosing DermaCare for your Glycolic Acid Chemical Peel.**

*Your referrals are greatly appreciated.  
We will give you a \$50 credit for each friend you refer to us that become our client.*

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