



### **Pre & Post Laser Hair Removal Instructions**

**Thank you for choosing DermaCare for your Laser Hair Removal.** We use only the safest and most effective technology and tailor the treatment to your individual needs, we use the Cutera Coolglide or the Cutera ProWave lasers.

The following instructions will help you achieve the best results from your treatment. Take a moment to review this information and go over any questions and/or concerns you may have with the DermaCare provider and or consultant.

Reveal all medical status changes prior to each treatment. Certain ones may negatively impact the laser procedure – such as pregnancy, history of cold sores, diabetes, history of skin keloids, medication changes, etc.

A majority of clients require 5-6 treatments. All hairs are not in the same growth phase; only the anagen (hair growing phase) hairs will allow the hair follicle to be destroyed. Each client is unique and individual; therefore, the actual time your hair grows varies from one person to the next. It is recommended that the next scheduled treatment should be set 4 to 6 weeks apart.

Shave the area to be treated the night prior to the procedure. Do not tweeze or wax the area at least 2 weeks prior to your laser treatment or throughout the duration of your laser hair removal procedures. Tweezing or waxing may stimulate the root to re-grow and removes the laser's target.

Do not use self-tanning lotions and/or tanning booths or sun bathe two weeks prior to your laser treatment. Any patient arriving with a tan or sunburn will be rescheduled for the safety of your skin.

You may expect a certain degree of discomfort, redness and/or irritation during and after the laser treatment. For additional relief and comfort, you may apply cold compresses or topical anti-inflammatory creams (i.e., ***DermaCare Laser Treatment Recovery Complex***) or take oral anti-inflammatory pills. If any discomfort and/or irritation persist, please notify the clinic.

Your hair will not fall out immediately, but will likely do so within 10 to 14 days from last treatment.