



Pre & Post Photodynamic Acne Treatment Instructions

The following instructions will help you achieve the best results from your Photodynamic Acne Treatment (Levulan™ Activated by Blu-U Light). Please take a moment to review this information and go over any questions and/or concerns you may have with your consultant.

Please reveal any medical conditions that may be of significance to the laser procedure like pregnancy, cold sore and fever blister tendencies, any type of allergy, recent facial peels or surgery, types of medication such as Accutane, tetracycline, hormone replacement therapy or use of Retin-A.

Do not use self-tanning lotions or tanning booths, or sunbathe one week prior to your appointment. (Any patient arriving with a tan or sunburn may be rescheduled due to the sensitivity of the procedure to alter your skin color and for the sake of your own safety).

Do not use skin care products such as Retin-A or any face cream supplement that contains Hydroquinone for one week prior to treatment.

Post treatment considerations can include severe redness in the treatment area, which may last from several hours to several days. There is a strong possibility of side effects such as blistering and burning if you are exposed to sunlight for the first 48 hours following the treatment.

Remain indoors for 24-48 hours after treatment. Apply ice for 20 minutes per hour as needed. Wash with a gentle cleanser and apply an oil-free moisturizer for the first few days. Use acetaminophen (Tylenol) or ibuprofen (Motrin or Advil) or apply 4x4's soaked in cold milk to area to relieve discomfort. Call us if any problems arise.

Thank you for choosing **DermaCare** for your Photodynamic Acne Treatment (Levulan™ Activated by Blu-U Light).

*Your referrals are greatly appreciated.
You will receive a \$50 credit for each friend that you refer to us.*