



DERMACARE™
*The Premier Medical Spa
in the Pacific Northwest*

Pre & Post Wrinkle Reduction Instructions

The following instructions will help you achieve the best results from your laser collagen remodeling treatment. Please take a moment to review this information and go over any questions and/or concerns you may have with your consultant.

Please reveal any medical conditions that may be of significance to the laser procedure – such as pregnancy, cold sore and fever blister tendencies, any type of allergy, recent facial peels or surgery, type of medication such as Accutane, hormone replacement therapy or use of Retin-A.

If any questionable or suspicious lesions are noticed during your consultation, it will be recommended that you seek medical attention from your family physician or dermatologist.

Do not use self-tanning lotions or tanning booths one week prior to your laser treatment.

Do not sunbathe one week prior to your appointment. (Any patient arriving with a tan or sunburn may be rescheduled due to the sensitivity of the procedure to altered skin color and for the sake of your own safety).

Do not use skin care products such as Retin-A, OBAGI, or any face cream supplement that contains Hydroquinone or Glyquin for one week prior to treatment.

Please avoid caffeine the day of your treatment.

You may have mild swelling for 1-3 days after your treatment. Please apply an icepack to the irritated area for 1-2 days in approximately 15-minute sessions 3-4 times per day.

Redness, similar to a slight sunburn, for 2-3 days is common. You may apply hydrocortisone cream to reduce this. Makeup can be applied if necessary.

Brown spots or freckles may temporarily turn darker then flake off within 3-5 days.

Keep skin hydrated and use only lukewarm water with gentle cleansers and moisturizers for 3 days.

Ask your skin care specialist for recommendations of products to use.

Avoid sun exposure for one week before or after a treatment.

Use a minimum of an SPF15 to protect your skin after your treatments.

If a blister or scab occurs: Gently wash the area, use an antibiotic ointment, such as, Bacitracin twice a day.

Pigment imperfections will begin to improve immediately. New collagen formation takes six to eight weeks to develop. Be patient!

Please contact us with any questions or concerns.

*Your referrals are greatly appreciated.
We will send you a \$50 gift certificate for each friend or relative that you refer to us.*

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